



# Arrowbear Music Camp



## 1st Intermediate Session!

June 30–July 13, 2024






## Session Information Packet



### Pre Camp Checklist



- 
- Balance paid- due in full by June 17th
  - Packing list double checked
  - Online Health Form completed by June 17th
  - Medications and original medication container ready to turn in
  - Get ready to have an AMAZING time!!! 
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### Packet Contents

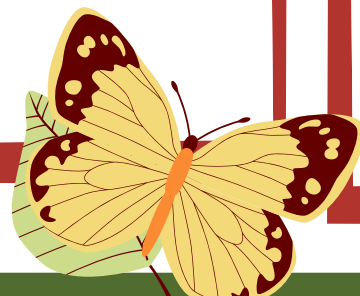
Arrival & Departure Information  
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Tuition Balance  
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General Camp Information-

- Musical Introduction
- Mail
- Email
- Cell phones
- Online camp photo album
- Camp group photo and roster
- Camp store
- Laundry
- Visitors

Packing List



### Information at a glance

- Camp office phone: 909-867-2782
  - Larke Dockstader's cell phone:  
562-225-7766
  - June 17th: session balance and health form due
  - June 30th: Arrival, check in falls between 2:30pm and 4:00pm. Please see email body for specific time.
  - July 13th: Pick up day-5pm concert
  - Camp's mailing address: PO Box 180, Running Springs, CA 92382
  - Camp's physical address 33500 Music Camp Rd., Arrowbear Ik, CA 92382
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# Arrival and Departure Information:

## First Day of Camp– June 30th– check email body for drop-off time

Check in between 2:30pm and 4pm- see email body for specific arrival time

- Check in station will be located on the camp porch and will include:
  - Sign in- make name tag, turn in cash for snack bar if needed, make sure balance is paid, turn in cell phone
  - Meet with camp Health Supervisor for medical check-in/temp check, and turn in medications
  - Lice check with friendly camp counselor- will be set up in private location
  - Say goodbye to your family and join a counselor and small camper group for 1st mixer



## Last Day of Camp– Saturday, July 13th– Final Concert 5pm:

The Final Concert will be held at 5pm on campus. Guests may arrive anytime after 3:30pm to visit and load luggage. Please do not arrive early as our program will still be in session. We have outdoor benches set up for concert guests. Feel free to bring a picnic lunch and outdoor folding chair if you like.

**Please note, we have a very small parking lot. For concert day we use all areas of camp, stacking cars in. Staff members will be out helping direct traffic. Thank you for your patience with this this- we really appreciate it!**

## Carpool

If you are interested in carpooling, please let us know and we will email your name, contact info, and location to everyone on our 1st Intermediate Session roster.

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# Address and Driving Directions to Camp

**Physical address: 33500 Music Camp Rd, Arrowbear Lk, CA 92382**

**If you have not been to the camp before,  
please bring a copy or screen shot of these directions with you.**

**GPS is questionable in our area.**

1. From I-210 in Highland, take HWY 330 towards Big Bear. After winding up the mountain road, continue through the small towns of Running Springs and Arrowbear.
2. Turn right at the second Arrowbear Drive. On the corner you will see Blondie's Bar and Grille. If you reach a sign for Green Valley or Snow Valley Ski Resort, you have gone too far.
3. Stay to the left of the small pond (it may be dried up by late June) and continue up Music Camp Road until you reach the camp. We have a large green and brown "Arrowbear Music Camp" sign at the entrance to the camp.
4. Follow signs to the check-in station.

# Tuition Balance

Payment is due in full by June 17th

## Medical Form & Medications

Please make sure your online medical form is up to date by June 17th. Link here: <https://www.ultracamp.com/forms.aspx?idCamp=651&campCode=cab&idF=34770> or find it anytime from your online account in the document center. Our Medical Supervisor will go over it with you during check in.

**All medications must be turned into the Camp Health Supervisor during check in. This includes over the counter medications and is for legal compliance and camp safety. Medications MUST be in their original, labeled containers or they will not be administered. If you transfer pills into daily pill containers, make sure to provide the original prescription bottle.**

## General Camp Information:

### Musical Introduction

Within the first few days of camp, each camper will meet with our music staff for a musical introduction. This will help our teachers understand the needs of each camper. If there are things on this list that you do not know, please do not worry- just do your best. Camp is a very supportive and noncompetitive environment. We are all here to learn.

In preparation, please work on the following:

Strings:

1. C, G, D, F, and Bb Major Scales- as many octaves as you can play well
2. A short excerpt from a current solo or orchestral work

Winds:

1. Bb, F, Eb, G, and D major scales- 1 or 2 octave chromatic scale
2. Demonstration from both a fast piece/excerpt and a slow piece/excerpt

Percussion

*(If you have not been introduced to the instruments and skills listed below, do not worry- they are not required- you will learn while here).*

1. Snare drum technique
2. Mallet instrument skill level
3. Timpani technique/ tuning



## Communication with your camper

### Old fashioned snail mail

Campers love to receive mail while at camp!

Please send to-

Camper's Name

c/o Arrowbear Music Camp

PO Box 180

Running Springs, CA 92382

*Any mail that arrives after the session ends will be mailed to camper.*

Alternatively, family and friends are welcome to leave mail & packages with the camp office to be placed in the camper's mailbox on a specific day.

### Cell Phones

Cell phones may be brought to camp but must be checked in to the office for use during specific times.

- Phones must be turned in during registration- please label with camper's name and turn off
  - Phones may be checked out for use on the **1st Wednesday, middle Saturday, 2nd Tuesday, and last Friday between 3:00pm and 3:30pm (7/3, 7/6, 7/9, 7/12).**
  - Campers who do not bring a phone, but wish to make a call during this time, will have access to the camp office phone or a staff cell phone.
  - Phones may be checked out daily during rest period to listen to music with headphones
- Our experience is that campers (and staff) have a more engaging time at Arrowbear without cell phone use, resulting in a more rewarding time for everyone. These 2 weeks of music, friendships, and nature will fly by! Best if we give our all to the session.

### Online Camp Photo Album

Photos will be posted daily to your online account starting Monday evening. Check back daily at 5:30pm for new photos.

Navigate to the photo album by logging in to your online account from our website, and then choose "photo gallery" from the left side menu.

We will also be posting stories and updates to our social media at

[instagram.com/arrowbearmusiccamp](https://www.instagram.com/arrowbearmusiccamp) and [facebook.com/ArrowbearMusicCamp](https://www.facebook.com/ArrowbearMusicCamp)

A link can also be found on our website.

### One way emails through your online account

1. Log into your account through our website
2. From the left side menu choose "Message Center"
3. Choose "Message a Camper"

Emails will be printed and placed in the camper mailbox with the daily mail.

## Commemorative Photo and Camp Roster (the 'note')

At the end of the session we will provide all the campers with a group photo and roster including contact information for all campers and staff. Campers are welcome to decide what information they would like to include on the roster. Generally, there is a row for phone, email, and social media. If you wish to have any of your camper's specific information left off, please let us know during check in or during the 1st week of the session.

## Camp Store

During free time we sell a small assortment of snacks and camp gear. Camp store money must be turned into the camp for use with our store debit system. Any remaining money will be returned to the camper on the last day. We accept credit card through your online account, cash, check or money order made out to Arrowbear Music Camp. For a 2 week session we recommend \$10-\$100.

To add money online: Log into your account from our website and choose "camp store" from the left hand drop down menu.

Prices-

Snacks/Soda \$1-\$5, T-shirts \$20, Sweatshirts \$30-\$40, Other camp gear \$3-\$35

The camp store will be open before and after the concert. At this time we will accept credit card payments.

## Laundry

There is one cold water washing machine, unscented laundry pods, and clothesline available for use if need.

## Visiting Policy

Please contact the office if you plan to visit.

thank you

We are looking forward to seeing you all!!!





# Arrowbear Music Camp

## Packing List



### Clothing

Enough comfortable outdoor clothing for 14 days- Example:

- Jeans/ long pants
- Shorts
- T-shirts/ tank tops
- Sweat shirt/ sweater
- Pajamas
- Socks
- Underwear
- Closed-toe shoes
- Bag or collapsible hamper to hold dirty clothing
- Concert clothes: slacks, khakis or skirts; blouse, polo, or other collared shirt

### Music Related

- Instrument, plus additional needed items (strings, reeds, mutes, etc.)
- Pencil with eraser
- Clothespins to hold music in on windy days
- Music and accompaniment if you plan on performing during optional activity times
- Any additional instruments you play that you may like to use for free time or optional performance time

### Optional

- Blanket
- Swimsuit
- Pool towel
- Hat
- Sunglasses
- Hiking shoes/ hiking gear
- Sandals
- Snack food in a labeled container
- Stamps and envelopes
- White clothing for tie-dying
- Camera
- Books
- Art supplies
- Headphones
- Games

### Miscellaneous

- Water Bottle
- Flashlight
- headlamp with red-light (for night hikes) -optional



### Toiletries

- Towel and washcloth for shower
- Shower sandals (flip flops)
- Toothbrush, toothpaste, floss
- Shampoo/conditioner and soap
- Sunscreen and chapstick
- Bug repellent
- Any other personal items you may need

### Bedding

- Warm Sleeping Bag- temps may drop below the 40's- please pack accordingly
- Pillow
- Fitted sheet (to cover vinyl mattress)